



**SEATING IS LIMITED
To RSVP!**

**Call 941-955-9099, or
Go to AldermanOaks.com**

BRAIN HEALTH SEMINAR REVERSAL, TREATMENT, AND PREVENTION OF COGNITIVE DECLINE

**Wednesday, August 20, 2025
2:00 PM to 3:30 PM**

SEMINAR PRESENTER



**Debra Geihlsler
Co-Founder & CEO
Grey Matters
Precision Brain
Health Centers**



**Agnes Lynch
Nurse Practitioner
Grey Matters
Precision Brain
Health Centers**

GreyMattersHealth.org

PROGRAM OVERVIEW

Join us for this seminar to learn more about an innovative approach to Brain Health and Cognitive Decline.

They are the first primary care clinic that focuses solely on maintaining and improving Brain Health.

Using Dr. Dale Bredeesen's protocols Grey Matters provides patients, families, and caregivers with comprehensive care.

They focus on cognitive decline, and, unlike other clinical specialties, treat the whole person with primary and integrative, evidence-based care.

KEY TOPICS

- **A New Approach to Brain Health**
- **Myths of Alzheimer's Disease and Dementia**
- **Understanding Your Brain Health**
- **How & When to Measure Your Brain Health**
- **Prevention and Reversal of Cognitive Decline**



Seminar Attendees Will Be Invited to Participate in a Free Follow-Up Montreal Cognitive Assessment (MoCA Test).

IN THE NEWS: Grey Matters Health was Selected by CMS (the Centers for Medicare and Medicaid Services) to Test the Medicare Dementia Care Model GUIDE (Guiding an Improved Dementia Experience) which Aims to Increase Care Coordination and Support for Caregivers.