Free 6-Week Online Caregiver Training



SAVVY Caregiver Program

September 17 - October 22, 2024 | Tuesdays 11:00 a.m. - 1:00 p.m. (Virtual Workshops - Microsoft Teams)

For People Who Care for Someone with a Dementia-related Illness

The Savvy Caregiver Program is an evidence-based training provided over a six-week period for people who care for someone with dementia-related illnesses. Participants will gain:

- · Personal knowledge, skills & caregiving perspective
- Skills to access abilities of their person with dementia
- · Confidence to set and alter caregiver goals
- · Strategies to manage activities of daily living

Contact Tiah Thompson to register:

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