

2020 January

Alderman Oaks



January Birthdays

Bob Combs 4th

Welch Whitesell 6th

Elfriede Gradsten 22nd

Alan Geyer 23rd

HAPPY NEW YEAR

Please make your doctor appointments
Tuesdays & Thursdays
727 Hudson Ave
Sarasota, Florida 34236
941-955-9099

Location Key:

Lobby.....L

Library.....LB

Palm Room.....PR

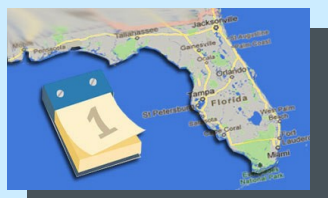
(first floor dining room)

Magnolia Room.....M

(second floor dining room)

Tree Top LoungeT

(third floor activity room)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 11:30 Duvals L 12:30 Sequence M 1:30 Puzzles & Games M 2:00 Play Bridge LB 3:00 Where in the World M 3:15 Bingo T	2 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:30 Reading w/Meaning T 11:00 Exercise M 12:30 Trivia M 1:30 PUBLIX L 1:45 Kings in the Corner T 3:30 Happy Hour with Rob Satori L	3 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 12:30 Beads & Puzzles T 2:00 BOOK CLUB T 2:00 World History M 3:00 Kings in the Corner T 3:00 Walking Club L 3:30 UNO/ CARDS M	4 9:00 Artcrafts M 10:00 Catholic Service T 10:30 Exercise M 12:30 Games M 1:30 Talk & Reminisce M 2:00 Poker T 2:30 Games Galore M 3:00 Wii Bowling T 7:00 Movie Night T
5 10:00 Drive to Church 1:15 J.O.Y Fellowship Church Services T 3:15 Bingo T 	6 10:00 Exercise T 10:30 Coffee Social T 2:00 God Calling T 3:30 Jog your Memory T 7:00 Movie Night T 	7 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:45 Reading w/ Meaning T 11:00 Exercise M 12:30 Bingo M 1:30 Table Tennis /Talk M 1:45 Golf Card Game T 3:00 World History M	8 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 11:30 Connor's L 12:30 Boggle/Dominoes M 1:30 Puzzles & Games M 2:00 Play Bridge LB 3:00 Where in the World M 3:15 Bingo T	9 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:30 Reading w/Meaning T 11:00 Exercise M 12:30 Smarter than 5th grader M 1:30 PUBLIX L 1:45 Kings in the Corner T 3:30 Happy Hour with Alan Souza L	10 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 12:30 Boggle/Dominoes M 1:30 Talk & Reminisce M 2:30 Charades & Ice Cream T 3:30 Walking Club M 4:00 Sing-a-Long M 	11 9:00 Artcrafts M 10:30 Exercise M 12:30 Games M 1:30 Talk & Reminisce M 2:00 Poker T 2:30 Games Galore M 3:00 Wii Bowling T 7:00 Movie Night T
12 10:00 Drive to Church 3:15 Bingo T 	13 10:00 Exercise T 10:30 Coffee Social T 7:00 Movie Night T 	14 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:45 Reading w/Meaning T 11:00 Exercise M 12:30 Bingo M 1:30 Table Tennis /Talk M 3:00 World History M	15 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 11:30 Made Restaurant L 12:30 7 Little Words M 1:30 Puzzles & Games M 2:00 Play Bridge LB 3:00 Where in the World M	16 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:30 Reading w/Meaning T 11:00 Exercise M 12:30 Trivia M 1:30 PUBLIX L 1:45 Kings in the Corner T 3:30 Happy Hour with Barry Graham L	17 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 12:30 7 Little Words M 1:30 Talk & Reminisce M 2:30 Where in the World M 3:00 Kings in the Corner T 3:30 UNO /CARDS M	18 9:00 Artcrafts M 10:30 Exercise M 12:30 Games M 1:30 Talk & Reminisce M 2:00 Poker T 2:30 Games Galore M 3:00 Wii Bowling T 7:00 Movie Night T
19 10:00 Drive to Church 2:00 Play Bridge LB 1:15 J.O.Y Fellowship Church Services T 3:15 Bingo T 	20 10:00 Exercise T 10:30 Coffee Social T 11:00 Marina Jack Walk L 2:00 God Calling T 3:15 Steve Baker L 7:00 Movie Night T Martin Luther King Day	21 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:45 Reading w/Meaning T 11:00 Exercise M 12:30 Bingo M 1:30 Table Tennis /Talk M 1:45 Golf Card Game T 3:00 World History M 3:30 Spiritual Reflections T	22 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 11:30 The Breakfast House L 12:30 Sequence M 1:30 Puzzles & Games M 2:00 Play Bridge LB 3:00 Where in the World M 3:15 Bingo T	23 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:30 Reading w/Meaning T 11:00 Exercise M 12:30 Smarter than 5th grader M 1:30 PUBLIX M 1:45 Kings in the Corner T 3:30 Happy Hour with Nancy Pasternack L	24 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 12:30 Sequence M 1:30 Talk & Reminisce M 2:30 Where in the World M 3:00 Kings in the Corner T 3:00 Walking Club M	25 9:00 Artcrafts M 10:30 Exercise M 12:30 Games M 1:30 Talk & Reminisce M 2:00 Poker T 2:30 Games Galore M 3:00 Wii Bowling T 7:00 Movie Night T
26 10:00 Drive to Church 3:15 Bingo T 	27 10:00 Exercise T 10:30 Coffee Social T 2:00 God Calling T 3:30 Jog your Memory T 7:00 Movie Night T 	28 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:45 Reading w/Meaning T 11:00 Exercise M 12:30 Bingo M 1:30 Table Tennis /Talk M 1:45 Golf Card Game T 3:00 World History M 3:30 Spiritual Reflections T	29 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 11:30 The Rosemary L 12:30 Boggle/Dominoes M 1:30 Puzzles & Games M 2:00 Play Bridge LB 3:00 Where in the World M 3:15 Bingo T	30 <u>Transportation Day</u> 10:00 Exercise T 10:30 Coffee Social T 10:30 Reading w/Meaning T 11:00 Exercise M 12:30 Trivia M 1:30 PUBLIX M 1:45 Kings in the Corner T 3:30 Happy Hour with Chuck Drager L	31 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M 12:30 Boggle/Dominoes M 1:30 Talk & Reminisce M 2:30 Where in the World M 3:00 Kings in the Corner T 3:00 Walking Club M	January 20 