

# October 2019

# Alderman Oaks



## October Birthdays



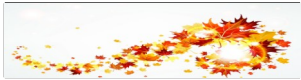





Pat Buck 3  
 Diane Stasio 8  
 Kathy Ketter 10  
 MaryAnn Edwards 14  
 Nancy DeForest 14  
 Bea Brown 21



Joyce DeMaria 27

Please make your  
 Doctor's  
 appointments  
 Tuesdays &  
 Thursdays

727 Hudson Ave  
 Sarasota, Florida  
 34236  
 941-955-9099

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|--|--|--|---|--|---|--|
|   |    | <b>1 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Exercise M<br>12:30 Bingo M<br>1:30 Boggle/Dominoes M<br>1:45 Golf Card Game T<br>3:00 World History M<br>3:30 Spiritual Reflections T  | <b>2</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>11:30 DUVAL'S L<br>12:30 Cards & Games M<br>2:00 Adult Color & Converse M<br>2:00 Bridge LB<br>3:00 Hangman/ Trivia M<br>3:00 Bingo T   | <b>3 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Exercise M<br>12:30 Five Second Rule M<br>1:30 PUBLIX L<br>3:30 Happy Hour with Amandah Jantzen L | <b>4</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Stretch Class M<br>12:30 Match the Sayings M<br>1:30 Walking Club M<br>2:00 BOOK CLUB LB<br>2:30 Cards & Games M<br>3:15 King's in the Corner T | <b>5</b><br>10:00 Catholic Service T<br>9:00 Artcrafts T<br>11:00 Exercise M<br>12:30 Remember When M<br>1:30 Games M<br>2:00 Poker T<br>2:30 Walking Club M<br>3:00 Wii Bowling T<br>7:00 Movie Night T |
| <b>6</b><br>10:00 Drive to Church<br>1:15 J.O.Y Fellowship<br>Church Services T<br>3:15 BINGO T<br> | <b>7</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Marina Jack Walk L<br>2:30 Nostalgia Dancers L<br>7:00 Movie Night T  | <b>8 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Exercise M<br>12:30 Bingo M<br>1:30 Boggle/Dominoes M<br>1:45 Golf Card Game T<br>3:00 World History M<br>3:30 Spiritual Reflections T  | <b>9</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>11:30 PF Changs L<br>12:30 Cards & Games M<br>2:00 Adult Color & Converse M<br>2:00 Bridge LB<br>2:45 Walking Club M<br>3:00 Bingo T    | <b>10 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Exercise M<br>12:30 Smarter than a 5th grader M<br>1:30 PUBLIX L<br>3:30 Happy Hour with Danny Zirpoli L                      | <b>11</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Stretch Class M<br>12:30 Memory Map M<br>1:30 USA Interactive Map M<br>1:30 Match the Sayings M<br>2:30 Cards & Games M<br>3:15 Yahtzee T      | <b>12</b><br>9:00 Artcrafts T<br>11:00 Exercise M<br>12:30 Remember When M<br>1:30 Games M<br>2:00 Poker T<br>2:30 Walking Club M<br>3:00 Wii Bowling T<br>7:00 Movie Night T                            |
| <b>13</b><br>10:00 Drive to Church<br>3:15 BINGO T<br>  | <b>14</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>2:00 God Calling T<br>7:00 Movie Night T<br><p style="text-align: center;"><b>COLUMBUS DAY</b></p>                               | <b>15 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Exercise M<br>12:30 Bingo M<br>1:30 Boggle/Dominoes M<br>1:45 Golf Card Game T<br>3:00 World History M<br>3:30 Spiritual Reflections T                              | <b>16</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>11:30 Connors L<br>12:30 Cards & Games M<br>2:00 Adult Color & Converse M<br>2:00 Bridge LB<br>3:00 Hangman/ Trivia M<br>3:15 Bingo T  | <b>17 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Exercise M<br>12:30 Five Second Rule M<br>1:30 PUBLIX L<br>3:30 Happy Hour with Alan Souza L                                  | <b>18</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>12:30 Match the Sayings M<br>1:30 Match the Sayings M<br>2:30 Cards & Games M<br>3:15 King's in the Corner T   | <b>19</b><br>9:00 Artcrafts T<br>11:00 Exercise M<br>12:30 Remember When M<br>1:30 Games M<br>2:00 Poker T<br>2:30 Walking Club M<br>3:00 Wii Bowling T<br>7:00 Movie Night T                            |
| <b>20</b><br>10:00 Drive to Church<br>1:15 J.O.Y Fellowship<br>Church Services T<br>3:15 BINGO T   | <b>21</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>2:00 God Calling T<br>7:00 Movie Night T<br> | <b>22 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Exercise M<br>12:30 Bingo M<br>1:30 Boggle/Dominoes M<br>1:45 Golf Card Game T<br>3:00 World History M<br>3:30 Spiritual Reflections T                              | <b>23</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>11:30 Fresh Start L<br>12:30 Cards & Games M<br>2:00 Adult Color & Converse M<br>2:00 Bridge LB<br>2:45 Walking Club M<br>3:00 Bingo T | <b>24 Transportation Day</b><br>10:00 Exercise<br>10:30 Coffee Social T<br>11:00 Exercise M<br>12:30 Smarter than a 5th grader M<br>1:30 PUBLIX L<br>3:130 Happy Hour with John Rinell L                         | <b>25</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>12:30 Memory Map M<br>1:30 USA Interactive Map M<br>1:30 Match the Sayings M<br>2:30 Cards & Games M<br>3:15 Yahtzee T                                   | <b>26</b><br>9:00 Artcrafts T<br>11:00 Exercise M<br>12:30 Remember When M<br>1:30 Games M<br>2:00 Poker T<br>2:30 Walking Club M<br>3:00 Wii Bowling T<br>7:00 Movie Night T                            |
| <b>27</b><br>10:00 Drive to Church<br>3:15 BINGO T<br>  | <b>28</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Marina Jack Walk L<br>2:00 God Calling T<br>3:15 Bill Shepherd Guitar T<br>7:00 Movie Night T                              | <b>29 Transportation Day</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Exercise M<br>12:30 Bingo M<br>1:30 Boggle/Dominoes M<br>1:45 Golf Card Game T<br>3:00 World History M<br>3:30 Spiritual Reflections T | <b>30</b><br>10:00 Exercise T<br>10:30 Coffee Social T<br>11:00 Stretch Class M<br>11:30 Connors L<br>12:30 Cards & Games M<br>2:00 Adult Color & Converse M<br>2:00 Bridge LB<br>3:00 Hangman/ Trivia M<br>3:15 Bingo T  | <b>31 Transportation Day</b><br>10:00 Exercise<br>10:30 Coffee Social T<br>10:45 Reading w/Meaning T<br>11:00 Exercise M<br>12:30 Five Second Rule M<br>1:30 PUBLIX L<br>3:30 Happy Hour with Chuck Drager L     |    |   |