



# A Great Alternative for Short-Term Transitional or Respite Stays

Downtown Sarasota's
Premier Rental
Retirement Residence

# Hospital → Rehab → What Next?

Alderman Oaks Retirement Community is offering short-term "Transitional" stays for individuals and their families who have gone through the experience of rehab or other physical challenges and are not quite ready to resume their previous lifestyle. A short-term "Respite" stay can be especially helpful for a family member or caregiver who needs assistance or a break from their everyday responsibilities.

A short-term "Transitional" or "Respite" rental package includes an attractively-furnished spacious studio or one-bedroom apartment accompanied by loving and supportive help to individuals preparing for their next steps. Stays can range from just a few days to many weeks.



Schedule a Visit to Alderman Oaks, Tour Our Community, and Enjoy a Delicious Complimentary Meal



#### What Helps to Make Alderman Oaks Unique?

- Independent and Assisted Living
- Privately-Owned, Moderately-Sized, Family & Home-Like Environment
- Just a Short Walk or Ride to Area Attractions, Theatres, and Shopping
- **■** Flexible Transportation
- Great Food that Residents Rave About
- Ongoing Activities, Events, and Educational Programs
- Hearing Loop Systems for T-Coil Devices

For More Information Call (941) 955-9099 or email theresa@aldermanoaks.com Alderman Oaks Retirement Center, Inc. © 727 Hudson Avenue, Sarasota, FL 34236 (#AL8979)





#### **INDEPENDENT & ASSISTED LIVING**

Alderman Oaks is in the "Heart" of Downtown Sarasota and is one of the very few Rental-Only Senior Living Communities that offers Independent and Assisted Lifesyles.

This Translates into a combination of Standard Assisted Living Licensed Apartments along with the flexibility of non-licensed Independent Living Apartments at lower costs.

## **HEALTHCARE SUPPORT SERVICES**

- Emergency Pull Cords & Pendants
- Visiting Medicare Certified Home Health Staff Providing Services such as Occupational, Physical, and Speech Therapy
- Partnership with Private Care Home Health Team that Provides Companion and Nursing Care
- Other Professionals Serving Our Residents in Areas such as Audiology, Counseling, Dentistry, Dermatology, Mobile Physician, and Podiatry
- Pharmacy that Provides Prepackaged Medication and Delivers 7 Days a Week

#### **SOCIAL OPPORTUNITIES**

- Concierge Services to assist with events/ticketing
- Live Entertainment at Happy Hours
- Light Daily Supervised Exercise
- Organized Activities, Games, Scenic Tours
- Organized Dining and Shopping Trips
- Family Atmosphere with Library and Sitting Areas
- Guest Apartments for Visitors
- Within Short Drive or Walking Distance to Key Attractions
- On-Site Seminars and Workshops Open to the Community

#### **OUR ALL-INCLUSIVE TRANSITIONAL PROGRAM**

#### **GENERAL SERVICES**

- Three Meals Per Day
- Daily Bed Making
- Once-a-Week Housekeeping
- Once-a-Week Bed Linen and Personal Laundry Service
- Utilities (electric, water, garbage collection, sewer, pest control, one cable TV jack, WI-FI)
- 24/7 Trained Staff with Emergency Response
- Scheduled Maintenance
- Communication with Doctors
- Scheduled Free Transportation

#### **SPECIFIC HEALTHCARE SERVICES**

- Supervision of Medicine Management
- Assistance with ADL's (Ambulating, Bathing, Dressing, Dining, Grooming, Personal Hygiene)
- Monitoring General Health, Appetite, and Weight
- Overall Coordination with Visiting Professionals
- Two-Hour Room Checks (If Desired)
- Three Baths/Week (Whirlpool or Shower)
- Assistance with Incontinence Problems
- Assistance with Filling Out Menus
- Encouragement to Participate in Activities/Events

## **DAILY RATE SCHEDULE**

Our **DAILY RATE SCHEDULE** is based on the length of stay of a single occupant in a furnished studio or one-bedroom apartment. One-Bedroom rates will be based on the size of the apartment. Discounts may become available if the level of services varies from our **ALL-INCLUSIVE TRANSITIONAL PROGRAM**.

LESS THAN ONE WEEK: Studios From \$200/Day, One-Bedrooms From \$225/Day. ONE TO TWO WEEKS: Studios From \$190/Day, One-Bedrooms From \$215/Day. MORE THAN TWO WEEKS: Studios From \$180/Day, One-Bedrooms From \$205/Day.