



# March

# Alderman Oaks

# 2019



## March Birthdays

Norm Levasseur 7  
 Eileen McKean 12  
 Phyllis Mallette 12  
 Debi Paterson 16  
 Doris Rumph 24





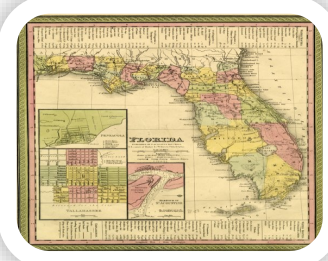




*Please make your doctor's appointments Tuesdays & Thursdays*  
 727 Hudson Ave  
 Sarasota, Florida 34236



### Location Key

Lobby.....L  
 Library.....LB  
 Palm Room.....PR  
 (first floor dining room)  
 Magnolia Room.....M  
 (second floor dining room)  
 Tree Top Lounge...T  
 (third floor activity room)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
First Day of Spring March 20 	March 17 				<b>1</b> 10:00 Exercise T 10:30 Coffee Social T 12:30 Word Games M 1:15 Painting Etc. M <b>2:00 Book Club LB</b> 2:30 Uno & Cards M 3:00 Kings in the Corner T 3:30 Good Ole Days M	<b>2</b> 9:00 Artcrafts M <b>10:00 Catholic Service T</b> 11:00 Exercise to Music M <b>12:30 Now and Then M</b> 2:00 Poker /Cards T 2:00 Games/Crafts M 3:00 Stretch Class T <b>7:00 Movie Night T</b>
<b>3</b> 10:00 Drive to Church L 1:15 J.O.Y Fellowship Church Services T 	<b>4</b> 10:00 Exercise T 10:30 Coffee Social T <b>2:00 God Calling T</b> <b>7:00 Movie Night T</b> 	<b>5 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Exercise to Music M 12:30 Sing -a-Long M <b>1:15 Adult Coloring M</b> <b>2:45 Track Your Steps M</b> <b>3:30 Spiritual Reflections T</b> 3:30 Bingo M	<b>6</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>11:30 Duval's L</b> <b>12:30 Hangman M</b> <b>1:15 Memory Map M</b> <b>2:00 Adult Coloring M</b> 2:00 Play Bridge LB 3:00 Where in the World M <b>3:15 YAHTZEE T</b>	<b>7 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T <b>10:45 Reading w/Meaning T</b> 11:00 Exercise to Music M <b>12:30 Trivia M</b> 1:30 PUBLIX L 3:30 Happy hour w/ Rob Satori	<b>8</b> 10:00 Exercise T 10:30 Coffee Social T <b>10:45 Reading w/Meaning T</b> 11:00 Stretch Class M <b>12:30 Trivia M</b> <b>1:15 Table Tennis M</b> 2:00 Where in the World M 3:00 Kings in the Corner T 3:30 Games Galore M	<b>9</b> 9:00 Artcrafts M 11:00 Exercise to Music M <b>12:30 Now and Then M</b> 2:00 Poker /Cards T 2:00 Games/Crafts M 3:00 Stretch Class T <b>7:00 Movie Night T</b>
<b>10</b> 10:00 Drive to Church L DAYLIGHT SAVINGS 	<b>11</b> <b>10:00 Private Party T</b> <b>2:00 God Calling T</b> <b>3:30 Jog Your Memory w/Nancy T</b> <b>7:00 Movie Night T</b>	<b>12 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T <b>10:45 Reading w/Meaning T</b> 11:00 Exercise to Music M 12:30 Bingo M <b>1:15 Painting Etc M</b> <b>2:45 Track Your Steps M</b> <b>3:30 Spiritual Reflections T</b> 3:30 Games Galore M	<b>13</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>11:30 Alpine Steak House L</b> <b>12:30 Dominoes M</b> <b>1:15 Individual Puzzles M</b> <b>2:00 You be the Judge M</b> 2:00 Play Bridge LB <b>3:00 World History M</b> <b>3:15 YAHTZEE T</b>	<b>14 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T <b>10:45 Reading w/Meaning T</b> 11:00 Exercise to Music M <b>12:30 Smarter than a 5th M</b> 1:30 PUBLIX L 3:30 Happy hour w/ Daniel Fugazzotto L	<b>15</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>12:30 Memory Map T</b> <b>1:15 Floor Yahtzee M</b> 2:00 Charades T 3:15 Good Ole Days M	<b>16</b> 9:00 Artcrafts M 11:00 Exercise to Music M <b>12:30 Now and Then M</b> 2:00 Poker /Cards T 2:00 Games/Crafts M 3:00 Stretch Class T <b>7:00 Movie Night T</b>
<b>17</b> 10:00 Drive to Church L 1:15 J.O.Y Fellowship Church Services T  <i>Happy St Patrick's Day</i>	<b>18</b> 10:00 Exercise T 10:30 Coffee Social T <b>11:00 Marina Jack Walk L</b> <b>2:00 God Calling T</b> <b>3:15 Sandy Huffman T</b> <b>7:00 Movie Night T</b>	<b>19 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T <b>10:45 Reading w/Meaning T</b> 11:00 Exercise to Music M 12:30 Smarter than a 5th M <b>1:15 Adult Coloring M</b> <b>2:45 Track Your Steps M</b> <b>3:30 Spiritual Reflections T</b> 3:30 Bingo M	<b>20</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>11:30 PF Chang's L</b> <b>12:30 You be the Judge M</b> <b>1:15 Memory Map M</b> <b>2:00 Adult Coloring M</b> 2:00 Play Bridge LB <b>3:15 YAHTZEE T</b> <b>3:15 Where in the World M</b>	<b>21 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T <b>10:45 Reading w/Meaning T</b> 11:00 Exercise to Music M <b>12:30 5 Second Rule M</b> 1:30 PUBLIX L 3:30 Happy hour w/ Robert Newton L	<b>22</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>12:30 Individual Puzzles M</b> <b>1:15 Table Tennis M</b> 2:00 Where in the World M 3:00 Kings in the Corner T 3:30 Games Galore M	<b>23</b> 9:00 Artcrafts M 11:00 Exercise to Music M <b>12:30 Now and Then M</b> 2:00 Poker /Cards T 2:00 Games/Crafts M 3:00 Stretch Class T <b>7:00 Movie Night T</b>
<b>24</b> 10:00 Drive to Church L <b>2:00 IRISH DANCERS L</b>	<b>25</b> 10:00 Exercise T 10:30 Coffee Social T <b>2:00 God Calling T</b> <b>3:30 Jog Your Memory w/ Nancy T</b> <b>7:00 Movie Night T</b>	<b>26 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Exercise to Music M 12:30 Memory Map M <b>1:15 Painting Etc M</b> <b>2:00 The Key of Sea Singers T</b> 3:00 Games Galore M <b>3:30 Spiritual Reflections T</b>	<b>27</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>11:30 Café' Baci L</b> <b>12:30 Card Games M</b> <b>1:15 Individual Puzzles M</b> <b>2:00 Table Tennis M</b> 2:00 Play Bridge LB <b>3:00 World History M</b> <b>3:15 YAHTZEE T</b>	<b>28 Transportation Day</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Exercise to Music M <b>12:30 Sing-A-Long M</b> 1:30 PUBLIX L 3:30 Happy hour w/ Jennifer Hamlin L	<b>29</b> 10:00 Exercise T 10:30 Coffee Social T 11:00 Stretch Class M <b>12:30 Memory Map M</b> <b>1:15 Floor Yahtzee M</b> 2:00 Where in the World M 3:00 Kings in the Corner T 3:15 Good Ole Days M	<b>30</b> 9:00 Artcrafts M 11:00 Exercise to Music M <b>12:30 Now and Then M</b> 2:00 Poker /Cards T 2:00 Games/Crafts M 3:00 Stretch Class T <b>7:00 Movie Night T</b>
<b>31</b> 10:00 Drive to Church L 