



## A Great Alternative for Short-Term Transitional or Respite Stays

### Downtown Sarasota's Premier Rental Retirement Residence

Alderman Oaks Retirement Community is offering comprehensive short-term "Transitional" stays for individuals and their families who have gone through the experience of rehab or other physical challenges and are not quite ready to resume their previous lifestyle. A short-term "Respite" stay can be especially helpful for a family member or caregiver who needs assistance or a break from their everyday responsibilities.

A short-term "Transitional" or "Respite" rental package includes an attractively-furnished spacious studio, one-bedroom, or two-bedroom apartment accompanied by loving and supportive help to individuals preparing for their next steps. Stays can range from just a few days to many weeks.



Schedule a visit to Alderman Oaks, tour our community, and enjoy a delicious complimentary meal.

#### What Helps to Make Alderman Oaks Unique?

- ▣ Privately-owned, Independent and Assisted Living
- ▣ Moderately-sized, intimate community
- ▣ Just a short walk or ride to area attractions such as Selby Gardens, Burns Court, Island Park, Main Street, theatres, beaches, and medical services
- ▣ 24/7 transportation through alliances with Gotcha and ITNSunCoast, and our own regularly-scheduled rides
- ▣ Great food that the residents "Brag" about
- ▣ Ongoing activities, events, and educational seminars, presented by area professionals

**"A New Approach to Short-Term Stays"**

For More Information Call (941) 955-9099 or email [theresa@aldermanoaks.com](mailto:theresa@aldermanoaks.com)  
Alderman Oaks Retirement Center, Inc. ▣ 727 Hudson Avenue, Sarasota, FL 34236 (#AL8979)

**AldermanOaks.com**

### **SOCIAL OPPORTUNITIES**

- Concierge Services to assist with events/ticketing
- Live Entertainment at Happy Hours
- Light Daily Supervised Exercise
- Organized Activities, Games, Scenic Tours
- Organized Dining and Shopping Trips
- Family Atmosphere with Library and Sitting Areas
- Guest Apartments for Visitors
- Within Short Drive or Walking Distance to Key Attractions
- On-Site Seminars and Workshops Open to the Community

### **HEALTHCARE SUPPORT SERVICES**

- Emergency Pull Cords & Pendants
- On-Site Medicare Certified Home Health Staff Providing Services such as Occupational, Physical, and Speech Therapy
- Partnership with Private Care Home Health Team that Provides Companion and Nursing Care
- Visiting Professionals Serving Our Residents in Areas such as Audiology, Counseling, Dentistry, Dermatology, Mobile Physician, and Podiatry
- Pharmacy that Provides Prepackaged Medication and Delivers 7 Days a Week

### **ASSISTED LIVING PACKAGES**

#### **MED ASSIST**

- Three Meals Per Day
- Once-a-Week Housekeeping
- Once-a-Week Linen Service
- Utilities (electric, water, garbage collection, sewer, pest control, and one cable TV jack)
- 24/7 Trained Staff with Emergency Response
- Scheduled Maintenance
- Social and Recreational Programs
- Scheduled Free Transportation
- Supervision of Medication Management
- Monitoring Weight
- Observation of General Health
- Communication with Doctors
- Two-Hour Room Checks (If Desired)

#### **CARE LEVEL I**

All services included in **MED ASSIST, Plus:**

- Monitoring Appetite
- Assistance with Filling Out Menus
- Encouragement to Participate in Activities/Events
- Occasional Assistance with Personal Care
- Personal Laundry Service (Weekly)
- Two Baths Per Week (Spa Bath or Shower)

#### **CARE LEVEL II**

All Services included In **CARE LEVEL I, Plus:**

- Assistance in Activities of Daily Living (ADL): Ambulating, Bathing, Dressing, Dining, Grooming, Personal Hygiene
- Three Baths/Week (Whirlpool or Shower)
- Assistance with Incontinence Problems

### **GENERAL INFORMATION**

1. Our DAILY RATE SCHEDULE is Based on a Two-Week Stay.
2. There is a \$500 Entry Fee for All Transitional Stays.
3. One-Bedroom Rates Will Vary by the Size of the Apartment.
4. Rates are Based on Private Stays.
5. We are Open to Shorter Stays, but the Daily Rates will Vary Based on the Length of Stay and Services Required.

### **DAILY RATES**

#### **MED ASSIST**

One-Bedroom Apartments From \$160.00 Per Day.

#### **CARE LEVEL I**

Studio Apartments From \$135.00 Per Day.

One-Bedroom Apartments From \$170.00 Per Day.

#### **CARE LEVEL II**

Studio Apartments From \$160.00 Per Day.

One-Bedroom Apartments From \$195.00 Per Day.