



## GET RELIEF

Find out if you qualify for a Medical Cannabis card

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**Alderman Oaks Residents, Family Members, Caregivers, Area Professionals, and Community Representatives Recently Attended a Seminar to Learn More About the Current Status of Medical Cannabis**

### **Alderman Oaks is Downtown Sarasota's Premier Rental Retirement Community**

- ▣ Independent and Assisted Lifestyles
- ▣ Privately-Owned, Moderately-Sized, Family and Home Environment
- ▣ Just a Short Walk or Ride to Area Arts, Dining, Theatres, and Shopping
- ▣ 24/7 Transportation Due to Alliances with i-Ride and ITNSunCoast along with Alderman Oaks' Regularly-Scheduled Complimentary Rides
- ▣ Hearing Loop Systems in our Conference Room as well as individual apartments for those using hearing devices with T-Coil technology

**See Back Page of This Flyer for Detailed Information**

**Call (941) 955-9099 or Visit Our Website to Learn More!**

**[AldermanOaks.com](http://AldermanOaks.com)**

### **PROGRAM PRESENTERS**



**GULF COAST  
KETAMINE CENTER™**

**Dr. Steven Reichbach, MD**  
Topic: Ground-Breaking Programs and Possibilities of Medical Cannabis  
[www.FindPainRelief.com](http://www.FindPainRelief.com)



**Renee Legere**  
Community Educator  
Trulieve  
Topic: Types and Forms of Medical Cannabis  
[www.Trulieve.com](http://www.Trulieve.com)

**Dr. Steven Reichbach (Certified Physician) of the Gulf Coast Ketamine Center and Renee Legere of Trulieve (Licensed Dispensary) presented timely information about developments in Medical Cannabis.**

**Attendees learned about the assessment process and how to be approved for a medical marijuana card. They also heard about the many ways medical marijuana can be used and how effective it has been tailored to individual needs.**

**Dr. Reichbach shared information about common conditions treated with medical marijuana such as MS, ALS, HIV/AIDS, PTSD, Anxiety, Crohn's Disease, Chronic Pain Syndromes, Cancer, Glaucoma, Epilepsy, Chronic Muscle Spasms and other similar challenges such as Back Pain, Chronic Arthritis, Migraines, Lyme Disease, and Insomnia.**



### **A BRIEF HISTORY OF CANNABIS**

- Has been used for over 4000 years
- Used by many cultures and religions for medicinal purposes
- In the US in 1940's called "Reefer Madness" and classified as Schedule 1
- Schedule 1 meant no medicinal value and highly addictive
- Difficult to conduct studies and research
- First medicinal use 1976 for treatment of Glaucoma
- January 2016, Amendment 2 passed in Florida allowing for treatment of illnesses

### **ISSUES/OBSTACLES TO CANNABIS USE**

- Federally, Cannabis is still considered Schedule 1 despite many attempts to change it to Schedule 2
- Cannot travel outside of issuing State with it
- No reciprocity between States that allow for cannabis use
- Employment regulations still an issue regarding job site testing
- Pain practices who refuse to continue to treat patients using cannabis
- Not covered by any insurance
- Due to history, still taboo in public opinion
- Can be cost prohibitive to clients on fixed incomes
- Lack of information about benefits among the medical community

### **BENEFITS OF USING MEDICAL CANNABIS**

- Can be very effective in treating a wide variety of conditions
- Natural alternative to many pharmaceutical medications
- Works with body's own endocannabinoid system
- Less overall side effects
- Many different routes of administration
- Can be used daytime and nighttime in different forms to treat conditions and maintain alertness
- Allows for possibility of decreasing use of more harmful or addictive medications
- Has shown high success in treating insomnia and chronic pain
- Average age of patients is about 60 years old

### **WHO QUALIFIES FOR MEDICAL CANNABIS?**

**Conditions:** Cancer, Crohn's Disease, Glaucoma, HIV/AIDS, MS, Epilepsy, PTSD, ALS, Parkinson's Disease, Chronic nonmalignant Pain arising from one of above conditions, Any terminal condition with greater than 1 year survival, Any condition of similar type or class of conditions above

**Additional Conditions:** When deemed by the Qualifying physician and documented by relevant supporting studies, many of the following conditions also can be treated: Anxiety, Depression, Insomnia, Arthritic Pain, Chronic Post Surgical Pain, IBS, OCD, Back Pain, Migraines, Fibromyalgia, Autism, Ehler's Danlos Syndrome, Auto Immune Diseases, Neuropathy, Alzheimer's and many others

### **CARD APPLICATION**

- Must be State resident or reside in State for more than 31 consecutive days
- Proof of Residency includes Driver's License, or Utility Bill (water, gas , electric within last 60 days)
- Passport sized photo if not state resident
- Fee (\$75 plus \$2.75 fee) payable to the State by credit card
- Must have qualifying physician do initial evaluation with verifiable medical records stating condition

### **WHAT COMES NEXT?**

- Once a patient has been deemed qualified to obtain a Medical cannabis card, a recommendation is placed by the qualifying physician into the State database
- Once the application has been approved by the State, patients are directed to a dispensary to purchase their cannabis products
- There are 13 different dispensary companies throughout the State operating 34 dispensaries