

# Join Us For a Brain Health Forum



## *Part of Our Lunch & Learn Series*

Learn more about the latest programs and initiatives to enhance cognitive aging. Hear presentations from the experts and engage in an informative panel discussion.

## Program Presenters



**Dr. Alan Grindal, Neurologist**  
Sarasota Memorial Health  
Care System Memory Clinic  
Topic: The Cognitive Aging  
Process



**Dr. Cheryl Brandi, DNSc, ARNP**  
Nurse Practitioner  
Educator and Researcher  
Roskamp Institute  
Topic: Research and Future  
Possible Brain Health Treatments



**Dr. Jack Wazen, Partner**  
Silverstein Institute, VP and  
Director of Research Ear  
Research Foundation  
Topic: How Hearing Loss  
Affects Brain Health



**Nicci Kobritz, President**  
Center for Brain Health, and  
Youthful Aging Home Health  
Topic: Practical Lifestyle  
Interventions for Positive  
Cognitive Aging

**When: Wednesday, May 10, 2017**  
**10:00 AM to 12:00 PM**  
**Panel Discussion During Lunch**

**Where: Aging in Paradise Resource Center**  
**Longboat Island Chapel (2nd Floor)**  
**6200 Gulf of Mexico Drive**  
**Longboat Key, FL 34228**

**Fee for Forum is Only \$10.00. Lunch is Included!**  
**RSVP to Mary Ann Brady at (941) 383-6493**

For more information, contact Mary Ann at the Aging in Paradise Resource Center  
Phone: (941) 383-6493 Email: [maryannbrady@aginginparadise.org](mailto:maryannbrady@aginginparadise.org) Website: [AgingInParadise.org](http://AgingInParadise.org)



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