



Smooth Transition and Adjustment with Life's Challenges

Join Us for an Overview,
Interactive Case Presentations,
and Panel Discussion

**Friday, February 24, 2017
2:00 PM to 3:30 PM**

Alderman Oaks is Downtown Sarasota's Premier Rental Retirement Community

- ▣ Independent and Assisted Lifestyles
- ▣ Privately-Owned, Moderately-Sized, Family and Home Environment
- ▣ Just a Short Walk or Ride to Area Arts, Dining, Events, Theatres, and Shopping
- ▣ 24/7 Transportation Due to New Alliance with ITNSunCoast along with Alderman Oaks' Regularly Scheduled Complimentary Rides
- ▣ Plenty of Social Activities & Events
- ▣ Hearing Loop Systems for Hearing Devices with T-Coil Technology

Seating is Limited!
To RSVP, call (941) 955-9099 or
go to www.AldermanOaks.com

IntelliHealth

Bringing Mental Health Services To You



Join us for an educational activity offered by IntelliHealth, LLC.

Program presenters are IntelliHealth co-founders Mitchell Greenberg, MD, and Danae O'Leary, LCSW, along with Psychotherapist, Debbie Dean, LCSW.



Topics will include Transition & Adjustment Disorder, Grief & Loss Management, and Anxiety Disorders in the Elderly.



The presentation should be especially valuable to individuals involved both personally and professionally with caregiving relationships, who would appreciate knowledge, guidance, and the awareness of these very common challenges. This program is intended to benefit those who are transitioning and adjusting to a "new" way of living in whatever their environment.

Go to www.IntelliHealth.us for more information