



Join Us for a Seminar on Improving Behavioral Intervention for Loved Ones with Dementia

**Friday, September 16, 2016
2:00 PM to 3:30 PM
At Alderman Oaks**

Alderman Oaks is Downtown Sarasota's Premier Rental Retirement Community

- ▣ Independent and Assisted Lifestyles
- ▣ Privately-Owned, Moderately-Sized, Family and Home Environment
- ▣ Just a Short Walk or Ride to Area Arts, Dining, Events, Theatres, and Shopping
- ▣ 24/7 Transportation Due to New Alliance with ITNSunCoast along with Alderman Oaks' Regularly Scheduled Complimentary Rides



We provide Hearing Loop Systems in our Conference Room as well as individual apartments for those using hearing devices with T-Coil technology.

To Register for the Seminar,
call (941) 955-9099 or go to

www.AldermanOaks.com



Seminar Presenter
JoAnn Westbrook, N.H.A.
Certified PAC Trainer
Director of the Education
and Training Institute

Caring for your special someone with dementia is a challenging task. You want to give the best possible care and quality of life, but wonder at times whether there is something you are missing.

Based on teachings of Teepa Snow (one of America's leading educators on dementia), JoAnn will discuss how to provide the most comfort for mind, body, and soul for your person with dementia. Learn about detailed, easy-to-follow explanations for daily tasks.

Seminar Topics will include:

- Hands-on Caregiving Techniques
- Knowing Personality Traits & Preferences
- Living Environment Challenges
- Improved Communications & Interaction
- Importance of Music and Art as Therapy