

The Alderman Newsflash

The newsletter by the residents, for the residents February 2016

It Must be Love

By Avery Jackson

Valentine's Day has always been a day where I have the greatest excuse in the world to write those I love a letter telling them what they mean to me. Words are powerful tools that have the ability to break a heart as easily as to mend one. For me, it isn't about getting chocolates and roses, it is about simply expressing my love, appreciation, and admiration for the people I care about.

I realized, not too long ago, that you don't *need* one special day of the year to tell people how you feel. Not only this, but love should be shown to everyone in your life. Proverbs 10:12 states that "Hatred stirs up conflict, but love covers over all wrongs." Jesus called us to simply love our neighbors as ourselves and do unto others as you would want them to do to you.

The easiest way to know you are loving others as yourself is by speaking kindly about the people in your life that you love, and the ones you don't. How much gentler would the world be if people spoke about each other with love? How much better would we get along?

I remind myself daily to be kind, speak love, and physically treat others as I would want to be treated. This means I give a lot of hugs and speak words of encouragement, because these are two things that I love to receive myself.

Try to go a day without speaking words of frustration about someone you know. Instead, if you decide to say anything, say something positive, something true about the other person that if you heard it about yourself, you would smile.

Love is a choice, an action we take towards others. Let us make the decision to show love and to make this home even stronger with our positive attitude.



A Dog's Take on Love

By Elbert, Chief of Staff

I would officially like to make a statement that instead of the normal Valentine gifts of chocolate and roses, I would like whole turkeys, chew bones, and any other treats with a meaty flavor! I expect everyone to remember me as his or her top Valentine. I love and appreciate my obedient and lovable staff, I even have them leash trained when I decide one of them needs to go outside for a break!

Thank you, all of you, for being kind to me always. I recognize that my favorite spot to lay, the middle of your hallway, may not be the most convenient place for me to take my rest, yet you still go out of your way to scratch my ears or pat my back as you carefully scoot around me, avoiding my wagging tail.

Now that right there is true love!

Make sure to keep the petting and loving coming! As always, I will wait for you by the front door.



Alderman Oaks was featured on My Suncoast news for having one of the oldest (and healthiest!) residents, Dora. At 106 years young this April, it is safe to say that she is an inspiration and a source of encouragement.

March Birthdays

Sigrd Merrington- Mar 1

Grace Snyder - Mar 6

Helga Ponischil - Mar 12

Claire Scamardi - Mar 25

Corinne Connaughton- Mar 30

Staff Members

Donna Rakowski - Mar 3

Angela Smith - Mar 6

Ashley Abner - Mar 7

Ray Peetz - Mar 16

Elise Hampton - Mar 18

Sue Justus - Mar 20

Alderman Oaks has a NEW Website!

**We are so excited to announce that
www.AldermanOaks.com has gotten a
complete makeover!**

**We have new videos, photos, articles
and so much more. Check it out today!**

