



**February 2010**

**ALDERMAN OAKS RETIREMENT RESIDENCE ~ "HAPPY ST. VALENTINE'S DAY"**

727 HUDSON AVE., SARASOTA, FL 34236 • PHONE: 941-955-9099 • WEBSITE: WWW.ALDERMANOAKS.COM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>1</b></p> <p><u>10:15 Shopping</u></p> <p>9:30 Exercise -T 10:00 Coffee &amp; Friends -T *10:15 Publix-L 1:40 Wii Bowling -T 3:00 Scenic Drive 7:00 Poker -T</p>	<p><u>2</u></p> <p><u>Transportation Day</u></p> <p>9:45 Exercise -T 10:15 Coffee &amp; Friends T 10:30 "Mind your Mind"</p> <p>2:00 Skip Bo -T 3:00 Ice Cream Floats 4:00 Food Committee 7:00 Bingo</p>	<p><u>3</u></p> <p>9:30 Exercise-T 10:00 Coffee and Friends - T 10:15 Spanish I - T</p> <p>3:30 Spiritual Reflections- T 7:00 Card Night- T</p>	<p><u>4</u></p> <p><u>Transportation Day</u></p> <p>9:30 Exercise -T 10:00 Coffee &amp; Friends 10:15 Watercolor Painting 11-12 Mini - Mart- 3:00 Happy Hour-LB 3:15 music by Jack Nevins 7:00 Bingo</p>	<p><u>5</u></p> <p>930 Exercise -T 10:00 Coffee w/ Friends -T 10:15 Current Concerns w/ Quentin Jenkins 11-12 Mini - Mart - T 2:00 - 5:00 OPEN HOUSE Music, refreshments, &amp; CornToss Tournament 7:00 Poker- T</p>	<p><u>6</u></p> <p>10:00Exercise - Tape-M 10:00 Catholic Service-T 3:00 Skip- Bo M 7:00 Saturday Night Lawrence Welk Show</p>
<p><b>7</b></p> <p>10:00-12:00 Church Services-L 1:30 Movie-M 3:00 Bingo W/ Margaret-T</p>	<p><b>8</b></p> <p><u>10:15 Shopping</u></p> <p>9:30 Exercise -T 10:00 Coffee &amp; Friends - T *10:15 Publix-L 1:40 Wii Bowling -T 3:00 Scenic Drive 7:00 Poker -T</p>	<p><b>9</b></p> <p><u>Transportation Day</u></p> <p>9:45 Exercise -T 10:15 Coffee &amp; Friends T 10:30 "Mind Your Mind" 2:00 Skip Bo -T 3:00 Ice Cream Floats 7:00 Bingo</p>	<p><b>10</b></p> <p>9:30 Exercise-T 10:00 Coffee and Friends T 10:30 Body Language -T w/ Dr Patricia Tway 1:40 Spanish 1 - T 3:30 Spiritual Reflections-T 7:00 Card Night- T</p>	<p><b>11</b></p> <p><u>Transportation Day</u></p> <p>9:30 Exercise -T 10:00 Coffee &amp; Friends T 10:15 Watercolor Painting -T 11-12 Mini - Mart- 3:00 Happy Hour-LB 3:15 music by Richard Caldwell 7:00 Bingo</p>	<p><b>12</b></p> <p>9:30 Exercise -T 10:00 Coffee w/Friends -T 10:15 BONE HEALTH w/ Fay Lynne Huang - T 11:00 Mini - Mart -T 1:40 Walk under the bridge 7:00 Poker- T</p>	<p><b>13</b></p> <p>10:00 Exercise- Tape M 10:45 All Faith Worship Service-T 1:45 Movie -M 3:00 Skip-Bo-M 7:00 Saturday Night Lawrence Welk Show</p>
<p><b>14</b></p> <p>10:00-12:00 Church Services-L 1:30 Movie-M 3:00 Bingo w/ Margaret - T</p>	<p><b>15</b></p> <p><u>10:15 Shopping</u></p> <p>9:30 Exercise-T 10:00 Coffee &amp; Friends - T *10:15 Publix-L 1:40 "Wii Bowling T 3:00 Scenic Drive 7:00 Poker -T</p>	<p><b>16</b></p> <p><u>Transportation Day</u></p> <p>9:45 Exercise - T 10-15 Coffee &amp; Friends T 10:30 "Mind Your Mind" 2:00 Skip Bo -T 3:00 Brownie Sundaes- T 3:45 Scenic Drive -L Tuesday Bingo moved to Thursdays at 7:00 2<sup>nd</sup> week of the month only.</p>	<p><b>17</b></p> <p>9:30 Exercise T 10:00 Coffee &amp; Friends -T 10:15 Spanish 1- T</p> <p>2:00 Resident Council-T 3:30 Spiritual Reflections-T 7:00 Card Night- T</p>	<p><b>18</b></p> <p><u>Birthday Celebration</u></p> <p>9:30 Exercise-T 10:00 Coffee &amp; Friends-T 10:15Watercolor Painting - T 11-12 Mini - Mart-T 3:00 Happy Hour-LB 3:30 Music by Jean Allen 7:00 Bingo</p>	<p><b>19</b></p> <p>930 Exercise -T 10:00 Coffee w/ Friends -T 10:15 Current Concerns w/ Quentin Jenkins 10:15"The importance of Water w/ Fay Lynne Huang T 1:40 Walk under the bridge 11:00 Mini- Mart 7:00 Poker</p>	<p><b>20</b></p> <p>10:00Exercise Tape-M 1:45 Movie M 3:00 Skip-Bo-M 7:00 Saturday Night Lawrence Welk Show</p>
<p><b>21</b></p> <p>10:00-12:00 Church Services-L 1:30 Movie -M 3:00 Bingo W/ Margaret -T</p>	<p><b>22</b></p> <p><u>10:15 Shopping</u></p> <p>9:30 Exercise-T 10:00 Coffee &amp; Friends-T *10:15 Publix-L 1:40 Wii Bowling T 3:30 "Getting To Know You Tea" T 7:00 Poker -T</p>	<p><b>23</b></p> <p><u>Transportation Day</u></p> <p>9:45 Exercise &amp; Friends - T 10:15 Coffee &amp; Friends- T 10:30 "Mind Your Mind" 2:00 Skip Bo -T 3:00 Strawberry Shortcake 7:00 Bingo</p>	<p><b>24</b></p> <p>9:30 Exercise T 10:00 Coffee &amp; Friends - T 10:15 Spanish 1- T</p> <p>2:00 Resident Meeting - T 3:30 Spiritual Reflections-T 7:00 Card Night-T</p>	<p><b>25</b></p> <p><u>Transportation Day</u></p> <p>9:30 Exercise -T 10:00 Coffee &amp; Friends - T 10:15 Watercolor Painting -T 11-12 Mini - Mart- 3:00 Happy Hour-LB 3:30 music by BC Hathaway 7:00 Bingo</p>	<p><b>26</b></p> <p>9:30 Exercise -T 10:00Coffee w/ Friends -T 10:15 Current Concerns w/ Quentin Jenkins 1:40 Walk under the bridge 3:00 Friendship Committee 11-12 Mini - Mart - T 7:00 Poker- T</p>	<p><b>27</b></p> <p>10:00 Exercise Tape -M 9:30 Shrine Circus 1:45 Movie- M 3:00 Skip-Bo-M 7:00 Saturday Night Lawrence Welk Show</p>
<p><b>28</b></p> <p>10:00-12:00 Church Services-L 1:30 Movie-M 3:00 Bingo w/Margaret T</p>	<p>All outings will be weather Permitting.</p> <p>Please sign-up for all outings in the REDBOOK on the piano</p> <p>Grocery Shopping Time PUBLIX - 10:15 Please be on time</p>	<p>Look for new times on the following classes: "Mind Your Mind" 10:30, Tuesdays Spanish I 10:15 Wednesdays Watercolor/ Crafts 10:15 Thursdays</p>	<p><i>New News:</i> "Current Concerns" Resident Quentin Jenkins professor of Sociology Will be available on Friday at mornings to discuss current events This Month the discussion will be the book 'Mountains beyond Mountains A perspective on Haiti. Call Quentin at Apt # 320 For more information</p>	<p>Dear Friends, Thank you very much for your kindness during my time with you. I will be here a few hours during the week to continue the special classes that you have enjoyed so much. Your Friend, Victoria</p>	 <p>Valentine's Party Happy Hour 3:00 pm -L February 11<sup>th</sup> at 3:30 pm Romantic music by Richard Caldwell</p>	<p>Coming in March Podiatrist March 12<sup>th</sup> 9:00 am</p>

**February Birthdays!**

Erwin Gremler 2<sup>nd</sup>  
Mary Jane Beatty 27<sup>th</sup>

**Birthday Celebration**  
**February 18<sup>th</sup>**  
**Music by Jean Allen**  
\*\*\*\*\*

**"Getting to Know You Tea"**  
**February 22, 2010**  
\*\*\*\*\*

*Dress Code*  
Please no shorts in the dining room  
Evening attire will be announced.

**Please Make**  
**Doctor / Professional**  
**\*Appointments for**  
**Tuesdays**  
**& Thursdays at**  
**9:30, 10:00, 10:30 am &**  
**1:30, 2:00, 2:30 pm**

**\*Publix Shopping on**  
**Mondays 10:15 A.M.**

**Location Key**  
L.....Lobby  
LB..... Library  
PR..... Palm Room  
M..... Magnolia Room  
T.....Tree Top

All activities are subject to change with advanced notification when possible