



Join Us For A Free Breakfast & Seminar

How to Reduce Stress & Simplify Handling of the Important Financial Details in Life

**Alderman Oaks Retirement Residence
Wednesday, June 23, 2010
9:30 AM to 11:00 AM**

**Featured Speaker - Maryellen McGrath
of Adding Advantages Consulting, LLC
CIA (Certified Internal Auditor)
CFE (Certified Fraud Examiner)**

www.addingadvantages.com



Maryellen McGrath, CIA, CFE

Are you overwhelmed with paperwork, mail, medical bills, insurance reimbursements, bank statements to reconcile, etc? Meet and hear Maryellen address seminar topics such as the following:

- **General Bookkeeping**
- **Bill Paying**
- **Bank Reconciliations**
- **Tracking Personal Monthly Expenses**
- **Managing Medical Bills and Insurance Reimbursements**
- **Negotiating Better Rates from Service Providers**
- **Organizing All Financial Information**

**For more information, or to Register for the Free Breakfast & Seminar...
Call Theresa at (941) 955-9099 or Go Online to www.aldermanoaks.com**

**Alderman Oaks Retirement Residence, Inc.
727 Hudson Avenue ■ Sarasota, FL 34236 ■ #AL8979
*In the Heart of Downtown Sarasota***

www.AldermanOaks.com